



# Introduction to Spirit Guides

By Richard Chambers

Class 1

- Clearing Activation of Third eye, Crown, and Zeal Chakra.. removal of limiting beliefs connected to spiritual development, activation of 5 Clair's, and increase connection to Creator, higher self.
- Setting a safe space to work in. Periwinkle Purple Grid, Electric Blue electro magnetic grid. (Call in Creator, and your guides with 100% pure white light always)

## Class 2 - Master Guide -

- This is your main guide who will always be with you and will connect you with all your other guides, help you with advice, support, protection, and setting space.
- Your Master guide you have had multiple lifetimes and incarnations with.
- You picked your master guide because you have trust in their guidance, they may be soul family
- They are the gatekeeper to the spirit world for you. They will introduce you to your other guides. You can ask them to locate a specialist to assist you in a task or learning a skill.

## Class 3 - Teacher Guide

- Call in this guide for new knowledge
- information, mastering or assisting you in tasks
- learning a new job or skill.
- Assist you teaching others, Sharing knowledge, communication
- Understanding lessons
- Call this guide into help align you in your career path, to find the right books, videos, etc

## Class 4 - Chemist Guide

- This is one of my favorite guides to work with
- call on this guide to assist chemical balance in your body and mind
- to suggest vitamins,
- work with opening and clearing Chakras
- energy balancing
- increasing your frequency, vibration
- balancing your aura,
- This guide is a master of frequency and chemical composition Alchemist, Scientist, Higher Dimensional Being,

## Class 5 - Spiritual Guide

- This will be a Deity, Ascended Master, Angel, Monk, Power Animal, there are many other possibilities for the appearance of this guide, I have a friend that has Abraham Lincoln as a spiritual guide.
- Call on them to assist you in your spiritual development
- Finding the right spiritual teacher for you.
- When your Spiritual guide has left you it can cause depression. This can be caused from a traumatic event or dark knight of the soul. Feeling separated from the Creator as well
- Call in this guide for learning spiritual skills, meditation, insight, prayer, connecting
- Anything spiritual based, this is a Divinely appointed guide to help you connect with Creator
- Ask for help with grounding
- Messages from spirit,

## Class 6 - Healer guide

- Call on this guide to assist you in healing ailments
- finding the right doctor, and treatments
- bringing in healing frequencies for mental, emotional, physical healing.
- You can meditate ask them to work with your chemist guide to heal you, help you
- This guide is can be but not limited too, Shaman, Witch doctor, Elder, Tibetan Monk, Healer, Reiki Master, Master Energy Healer, Angel

## Class 7 - Joy Guide

- Connect with your joy guide
- the Joy frequency assist you in finding joy
- and being active, and having fun, being playful.
- Call on this guide when you are going on a family adventure, playing with kids, sports,
- This guide usually appears as a child but not limited too

## Class 8

Attunement to this multi-dimensional frequency for healing.

- Starseed Guide - Multidimensional guide connected to a star system
- can bring in 5D and higher frequencies
- to assist you in receiving downloads, upgrades, and activations.
- Work on your light body
- Use them in healing sessions, meditations, light codes

## Tool Kit

**Reading Screen** - This is known as a clairvoyant screen where you will develop and eventually learn how to access your clairvoyant abilities. It defines a space for viewing, tv screen, stage, window, etc.. use a rose to cleanse old energy from your screen.

**Closing the first Chakra** - Picture this as a rose and close the flower bud until its about 15% open it will help take out of ego, survival and over thinking. Remember to re-open this to most appropriate level. Closing this will help you relax, open more intuitive abilities, This will allow you more naturally to center in third eye.

**Third Eye** - The Center of your head is where your clairvoyant abilities are and where you say hi to spirit. The sweet spot is behind the eyes at the base of the brain. Breathe into this space to center here with intention. Also make sure the first chakra is relaxed, closed to 15%

**Positive Energy** - Amusement, Certainty, Neutrality, and Trust are the attributes needed to become a beneficial healer and a clairvoyant. You make take on energy if you are not in this energetic space when healing or meditating. Clear your space, always clear away old energy, foreign energy and be aware of how you are feeling. Balance your energy and ground. You can choose a colour for each energy and picture them coming in from a golden sun, and then send golden rays to purify before your meditate.

**Pulling in your aura** - Your energy field defines your personal boundary and your energetictic space. If your field is too big you may feel uncomfortable as you are taking on other peoples energy, pull in your aura to just outside your shoulders for day to day ie work, public transportation, when meditating your aura can be within an arm's length it may look like a bubble or an egg, always include your front and back.

**Boundary Rose** - To use a boundary rose, imagine a large rose in front of any colour, on the edge of aura, energy field to keep your energy separate from someone elses, or a clients.

**Hello rose** - This a tool to communicate with a spirit guide, your higherself or even your body. You can send a hello to anything by putting a "hello" on your reading screen and drop the word into a rose, and let it go like a balloon in the wind, make sure your intention is clear to just send the hello rose and not your energy

**Creating and Destroying Roses** - Create and destroy roses to cleanse your space, your reading screen, and remove old pictures, or a clients pictures. If your energy is trigger and lit up in your space, explode the roses into white light on your screen, you can do this as much as needed to clear.

**Closing** - Always close off your work, thank the guides, release them, thank the creator, use a sticky rose, and see a door closing to signify the ending.